

# TATLER®

JUNE £4.50

SCANDAL AT  
CIRENCESTER

*Inside the  
£4 billion  
divorce*

*The secret  
shaman of  
the rich and  
powerful*

WHAT A  
SCENE!

THE RESTAURANTS  
THAT CHANGED  
OUR LIVES

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THE VERY  
BEST NURSERIES  
IN BRITAIN

AND BREATHE  
OUT...

THE BIKINI IS  
DEAD, LONG  
LIVE THE  
ONE-PIECE

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# Force of Nature

How Anna Brewster went  
from Star Wars to Chanel

# My close-up Amber Anderson

The model, actress and face of Burberry Beauty on cool cats, hot chips and missing millions. By Katie Thomas



👍 I would recommend **Dr Jackson's 01 Day Skin Cream**, **Oribe Dry Texturizing Spray** and **Mr Burberry** fragrance to absolutely everybody.

Before I became a model, I used to take my make-up off with **face wipes**, which is a big no-no. Now I take care of my skin.



I live in west London with my two cats – Sooty, who's black and white, and Jasper, a brown tabby.



My death-row meal would be **chips** with loads and loads and loads of **mayonnaise**.



If I had to listen to one song on repeat for the rest of my life, it would be **Frank Ocean's 'Bad Religion'**. If you haven't heard it, you should. It's heartbreaking but amazing.



I get bored easily doing exercise, so I like to mix it up with **ClassPass**. I do interval training, yoga and boxing.



On a date, you don't want too much of a mask on. I use **Burberry's Fresh Glow Fluid Base**, then their **Effortless Blendable Kohl** liners to create a feline flick.



If I had a time machine, I'd travel back to **ancient Egypt**. Its history has always fascinated me.

If I found **£1,000,000** in a suitcase on the street, I'd be really boring and try and find out who'd lost it. But if they were a horrible person, I'd keep it and give it to charity.

🦄 Unicorn  
+  
😂 Crying with laughter  
+  
❤️ Red love heart  
=  
**MY THREE MOST-USED EMOJIS**



RELIEF FROM GRIEF

## PURIST VS TOURIST

### INSPIRATION SPACE, BERKSHIRE

Yoga and meditation with Jess Horn ease you into this mindblowing therapy, which combines breathing, acupressure, movement and vocal 'toning' (using your voice to energise yourself, it roots out deep-seated angst). Coaches Rebecca Dennis and Aimee Hartley guide you with care, to a musical backdrop veering from trance to tribal; masseuse Gillian Steer is fluent in body language; and woodland walks help you reboot naturally. The food is restorative: gluten-free, vegetarian. Take your turmeric-tea nightcap back to an 18th-century outhouse with bleached wood beams and freestanding brass baths. *Double, from £495 (inspirationspace.co.uk).*

### VAIR SPA, BORGO EGNAZIA HOTEL, PUGLIA

Vair is a self-styled 'psychosomatic spa' where they believe that emotional and physical relief are inextricably linked. Treatments by intuitive therapists range from releasing shock with a subtle Avenmari treatment (the resident shaman simply holds your body) to hectic tambourine playing (with the resident musician). Dance to let go of grief, come together in a couples' massage that entwines your limbs in an oily, tangled reverie or put your head in the hands of compassionate experts in the midst of Puglian lemon groves and luminous granite. Properly profound – and rather fun. *Double, from £240 (borgoegnazia.com).*



PURIST VS TOURIST BY SUZANNE DUCKETT & SOPHIE BERGE. PHOTOGRAPHS: WIREIMAGE, SHUTTERSTOCK. DAY SKIN CREAM, £80; BY DR. JACKSON'S. DRY TEXTURIZING SPRAY, £39; BY ORIBE. MR BURBERRY EAU DE TOILETTE, FROM £40 FOR 30ML; FRESH GLOW FLUID BASE, £34; EFFORTLESS BLENDABLE KOHL, £17. ALL BY BURBERRY